

# WHAT'S HAPPENING



**ACS Volunteer Recognition Ceremony**  
**4:00 pm, Thursday, May 12, 2011**  
 All Registered Volunteers are invited!  
 contact ACS at DSN 431-3362,  
 CIV 07031-15-3362

## **Military Relief Societies Annual Fund Campaigns:**

### **Army Emergency Relief Fund Raising Campaign**

**March 1 – May 15.**

Donate online at [www.aerhq.org](http://www.aerhq.org)

### **Air Force Assistance Fund – Annual Campaign**

**March 28 – May 6.**

Donate online at [www.afas.org](http://www.afas.org)

Contact your local Aid Society for more information.

## **MILITARY & FAMILY LIFE CONSULTANT PROGRAM**

Provides free, confidential, short-term, counseling services to service members, civilians, contractors, and their Families. *Call for an appointment.*

CIV 0170-708-0715, 0160-957-48279 or 0152-224-83789

## **SOLDIER & FAMILY ASSISTANCE CENTER**

A comprehensive centralized coordinating office that provides a variety of services for Warriors in Transition and their Family members, to aid in their recovery and transition. Under the US Army Garrison Stuttgart, the SFAC supports the Patch clinic and Warrior Transition Unit (WTU) by developing, coordinating and providing designated services that address complex administrative and personal needs of WTU Soldiers and their Family members. *Call for an appointment.*

DSN 431-3362, CIV 07031-15-3362



# STUTTGART NEWS

Stuttgart, Germany

May, 2011

## PCS Season is only TWO months away! *eSponsorship is one more way to help you through*

For many, it is time for their move and for others time to sponsor someone arriving and the Department of Defense (DoD) has developed new and better tools to help. Now is the time for Units to train their Sponsors so they may be better prepared to make that first (and lasting) impression for incoming personnel and their families.

Launched in 2007, Military Homefront is proving to be the best relocation tool for all Active Duty, civilians, contractors and their families. It is both efficient and helpful that all U.S. Military installations are now located under one website. More recently launched eSponsorship is one of the new resources under Military Homefront.



eSponsorship is located at:  
<http://apps.mhf.dod.mil/ESAT>  
 and is maintained under  
[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil).

## Two essential tools everyone needs to know how to use:

### 1. Plan My Move electronic calendar

[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)

- ✓ Direct email capability to each agency at each Military installation worldwide.
- ✓ Community profiles, crime statistics, school report cards, neighborhood demographics, cost of living comparisons, etc...
- ✓ Consolidated phone directories of both departing and gaining installations.
- ✓ Tracking/accountability on your electronic inquiries/emails.
- ✓ Homefront is accessible from work, home, hotel and anywhere. Also MAC friendly.

### 2. eSponsorship

<http://apps.mhf.dod.mil/ESAT>

(also housed and maintained at Military Homefront):

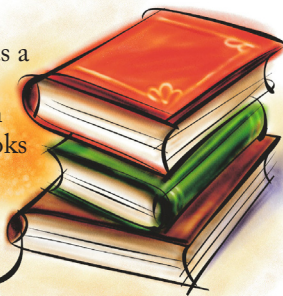
- ✓ 1st DoD Joint Relocation/Sponsorship Tool implemented.
- ✓ One-stop, Joint-minded training resource for all Military Branches!
- ✓ Tracking capabilities by Military Branch, unit and individual.
- ✓ Fully implements the Total Army Sponsorship Program, AR 600-8-8.
- ✓ Quick, easy training covering Pre-Arrival, Arrival, and Post-Arrival Sponsorship duties.
- ✓ Electronic products, Commander's Welcome Letter, reminders, etc...

The ACS Relocation Readiness Program (RRP) offers both Homefront and Sponsorship trainings using the website (no longer PowerPoint slides!) Call the RRP Manager, Daniel Adams, for more information or to schedule a training class for your Unit, FRG or to sign up for a scheduled class. Classes are the first and last Mondays from 2-3 p.m. at the ACS Bldg 2915, Panzer Kaserne. Call Daniel at DSN 431-3436/3362 or CIV 07031-15-3436/3362.

# Exceptional Family Member Program

## RESOURCES

EFMP now has a Resource Library. The library has an assortment of books covering a broad spectrum to include Autism, Diabetes, Individual Education Plan (IEP) guidance, ADHD and Developmental Delays, to just name a few!



The EFMP committee met for the 2nd quarter and discussed ways to improve outreach, access to resources, training, and education opportunities and discussed the importance of linking sponsors of EFMs to information regarding available services as soon as possible after receiving notification of PCS. All agencies are working together to ensure prompt identification of barriers to services.

## SUPPORT GROUPS

The Exceptional Family Member Program continues to provide support and advocacy for special needs family members. One way we are doing this is by hosting support groups to address the needs of our community members. Current groups with times and dates are listed in the blue info boxes below.

## RESPIRE CARE

The EFMP has four fully certified respite care providers, 4 families currently approved for respite care services and 3 families actively receiving services.

## COMMUNITY RECREATION & CULTURAL ACTIVITIES

We are looking forward to the next Kelley Theater performance of "Gary Grinkle's Battle With Wrinkles and Other Problems in Mudgeville," which will be offered April 30th 2011 and is free to all EFM's and their families. Please RSVP with the EFMP office as soon as possible as seating is limited!

## ENROLLMENTS

Please ensure that your EFMP enrollments are updated as this is critical prior to PCS time! If you are unsure as to when your family member enrollment needs to be updated, you may request the information from the EFMP Case Coordinator at the Patch Health Clinic.



## Sesame Street USO Experience



## COMING SOON!

This performance is free to all community members and will be coming in August. If your family will need special accommodation, please contact ACS EFMP manager. For more information visit: [www.sesamestreet.org/TLC](http://www.sesamestreet.org/TLC) and [www.uso.org](http://www.uso.org).

## The Autism Support Group

Meets the first Wednesday of the month from 6-7p.m. in ACS Room 226.

**Has your child been diagnosed with Autism Spectrum Disorder?**

Please join us and share your thoughts, feelings, uncertainties and joys of being parents to an autistic child.

## Multiple Sclerosis Support Group

Meets every other Monday from 10-11 a.m. in ACS Room 312.

## Cancer Support Group

Last Thursday of the Month, 6-7 p.m.

## Youth Diabetes Support Group

2nd & 4th Tuesday monthly, 6-7 p.m.

*New to town?  
Getting ready to PCS?*

**The Lending Closet  
is here for you!**



Lending Closet items are basic household kitchen and childcare items to help during the moving processes of arriving and departing.

**Open Mon. - Fri. 0800-1700**

Contact: Daniel Adams at DSN 431-3436  
or CIV 07031-15-3436

## Outreach Program & Survivor Outreach Program

**Outreach** - The goal of the Outreach Program is to develop informational fairs, groups and other activities to reach Service Members and Family Members who are not currently receiving services for which they are eligible.

**Survivor Outreach Services** - Ensures that surviving Families of our Fallen Soldiers, residing in the Stuttgart, Germany area, receive dedicated and comprehensive support and all the benefits and services to which they are entitled.

*For more information*

DSN 431-3053 CIV 07031-15-3053

**resumé &  
resumix**

**Tuesday, May 17,  
0900-1130**

**Thursday, May 19,  
1300-1630**

*Classes fill quickly, register today!*

DSN 431-3362 CIV 07031-15-3362





## ACS Transformation

Since it was established in 1965, ACS has developed from a place for spouses to find assistance and information to centers of diversified programs staffed by professionals.

By 1 October 2011, ACS will no longer be a division under Family and MWR, but will report directly to garrison commander.

The transformed ACS will also be doing more outreach, taking more programs and services to units, housing, schools, lodging, commissary, exchanges and off-site locations to meet customers' needs.

ACS will remain a one-stop information hub and a location where customers can make their first contact for all available services on the installation. What is changing is that we are developing more of a generalists approach to service delivery. Everyone is being cross-trained to handle multiple programs in ACS to better serve every customer.

Some positions within ACS require the staff to have specialized credentials and/or licenses, while others such as the deploy-

*ASC will remain  
one-stop information  
hub for all available  
services.*

*Cross-training brings  
more services to  
customers quickly.*

ment/mobilization programs, require more generalized credentials.

The community will probably not notice the internal changes involving cross training, but will notice the improvement when they can get information on any program at ACS, even if a particular specialist is not in.

ACS programs include: Army Family Action Plan, Army Family Team Build-

ing, Deployment/Mobilization Program, New Parent Support, Army Volunteer Corps, Master Resiliency Training, Exceptional Family Member, Family Advocacy, Financial Readiness, Victim Advocacy, Army Emergency Relief, Information and Referral, Relocation Readiness, Sexual Assault and Response Program, Soldier and Family Assistance Center, Spouse Employment Readiness, Survivor Outreach Services, Military Family Life Consultants and Computer/Yellow Ribbon Rooms.

ACS's mission is to assist commanders in maintaining individual and family readiness, and helps deliver services to promote self-reliance, resiliency and stability.

ACS will continue to work in close partnership with FMWR on many of programs and activities as joint providers in service delivery to the military community.

*Article modified from FMWR  
Daily Media summary 25 March 2011.*

## Survivor Outreach Services educates public about ID changes

*(Army.mil)*

Some people know that "D" is the designation for the child or dependent parent of a Soldier, but what some may not know is that the designation for surviving spouses of fallen service members has long been "URW," which denotes an unmarried widow. Those surviving widows and widowers have repeatedly complained that military and civilian personnel do not understand the designation and that they often have to explain not only what it means, but also, how they lost their Soldier.

In an effort to sensitize interaction between personnel and survivors, in 2007, the Defense Enrollment Eligibility Reporting System changed the unmarried widows designation from URW to DB, which stands for a Department of Defense Beneficiary.

Some people are just becoming aware

of the change since ID cards often do not expire for five to six years.

It is important to familiarize the community with the change and the different types of card holders, and in an effort to do so, Survivor Outreach Services and the Directorate of Human Resources have joined to get the message out to the public, said Charlotte Watson, program manager, SOS.

Family and Morale, Welfare and Recreation will also distribute the message through their channels. "If the community is aware, it could start a dialogue without the spouse having to explain (their loved ones) death or suicide," Watson said. "It's important so one, they can honor and recognize the survivor and two, it's important because we don't want to put a survivor in a situation of embarrassment by having to explain the loss of their Soldier, if asked," said Watson.

The DB distinction could help ease the task of accessing post and obtaining services. The next step in educating the public will be to make places such as pharmacies and hospitals aware of the change to DB, Watson said. Eventually, with time, all cards will read DB.

## "What does that say???" Unofficial Translation Service

We have German speaking staff to assist you in translating correspondence, contacting the telephone company to hook up, cancel or change your service. And much more! Call DSN 431-3007 or CIV 07031-15-3007 M-T-W-F Walk-Ins 0800 - 1700 Thurs: *by appointment only.*

## Information, Referral and Follow-up

Promotes readiness by providing accurate information and referral assistance to our service members, civilians, contractors and their families regarding military and civilian community resources.

Program contact, Danielle Denis  
DSN 431-3344, CIV 07031-15-3344  
danielle.denis@eur.army.mil

# ACS CLASSES

**Classes are free.** Please call to register.  
DSN 431-3362 CIV 07031-15-3362 All classes are held in  
Army Community Services Classrooms – unless otherwise noted.

## ARMY FAMILY TEAM BUILDING

Lisa Ordukaya: DSN 431-3643, CIV 07031-15-3643 – Room 208

**AFTB Training** - This training will help you feel comfortable in your military environment by learning the military lingo and developing realistic expectations. Come and learn about your benefits and how to access services available to you as a member of the Military Family. Level I - May 25, 26. Level II - May 3, 4, 5 1000-1230

## ARMY VOLUNTEER CORPS PROGRAM

Laura Davis: DSN 431-3330, CIV 07031-15-3330 – Rm 21

**Volunteer Management Information System Training (VMIS)** provides all of the tools needed to register and track volunteer hours. Organizations can manage and track volunteers, post open positions, print reports, and much more. *Every Friday 0900-1100. No appt. necessary.*

## EMPLOYMENT READINESS PROGRAM

Kelly Measells: DSN 431-3363 CIV 07031-15-3363 – Room 202

**Overview of the USAG Stuttgart Job Market** We will explore government as well as contractor jobs within the Stuttgart community, where to find them, how to apply, and how to have a successful interview. *Tuesday, May 3 0900-1200 and Thursday, May 5 1300-1600*

**Resume & Interview 101** – We will explore what a resume is, the purpose of a resume, & how to compose a resume. *Tuesday, May 10 0900-1130 and Thursday, May 12 1300-1630*

## **Resume/Resumix for Beginners/NEW**

**USAJOBS Site** – This class is mandatory prior to making individual appointments for more advanced training. *Tuesday, May 17 0900-1200 and Thursday, May 19 1300-1600.*

**Professional & Personal Improvement Career Development** – *Tuesday, May 24 0900-1130 and Thursday, May 31 1300-1600*

## FAMILY ADVOCACY PROGRAM (FAP)

Monica Sadler: DSN 431-3352, CIV 07031-15-3352 – Room 225

**Managing Your Emotions** – Each module is offered once a month and in order. *Wednesdays, May 4, 18, 25 1300-1430.*

Module 1 - Understanding Anger  
Module 2 - Anger in Relationships  
Module 3 - Anger in the Workplace

**Stress Management** – Identify common stressors and learn useful, enjoyable strategies for managing stress. *Thursday, May 5, 1400-1530*

**Stress Management for Women** - Beat stress caused by tension, frustration, and fatigue. Learn techniques to relax and manage stress. *Thursday, May 19, 1400-1530*

**Love and Logic: All Ages** *Tuesdays May 24, 31; June 7, 14, 21 1000-1130*

## FINANCIAL READINESS PROGRAM / ARMY EMERGENCY RELIEF (AER)

Faith Barnes: DSN 431-2085 CIV 07031-15-2085 – Room 207

**Army Emergency Relief Commander's Referral Program Seminar** - Army Emergency Relief (AER) Commander's Referral category affords immediate Commanders another tool to affect a positive impact on their Soldier by giving Commanders authority for an instant financial loan up to \$1000 when a Soldier has a valid need. The workshop will provide detailed information and guidance on the total AER process. *Call for appointment.*

**Investing Made Simple** - Registration limited, call to reserve your space. – *Wednesday, May 3 0800-1200*

**Financial Readiness for 1st Term Service Members Phase 1** – *Wednesday, May 4, 0800-1200.*

**Financial Readiness for 1st Term Service Members Phase 2** – *Thursday, May 5, 0830-1200.*

**Smooth Move for Junior Enlisted Families** Maximize the benefits that the government allots for your family and yourself. *Wednesday, May 11, 1400-1530.*

**Checking Account Basics** – See how you can "double check" the bank using your statement and your personal records. *Wednesday, May 18, 1400-1530.*

**Basic Financial Management Class** – Set your priorities to match your spending. *Call for appointment.*

**Principles of Personal Finance (Budget & Record Keeping)** – Set your priorities to match your spending. *Wednesday, May 25, 1400-1530.*

## NEW PARENT SUPPORT PROGRAM (NPSP)

Laura Natusch/Lisa Phelps: DSN 431-3353, CIV 07031-15-3353 – Room 312

**Pregnancy Support Group** – This group is for pregnant women at any stage, and focuses on education and support related pregnancy. This group also encourages socialization with other pregnant women. *Wednesdays, May 11 & 25 ACS Room 312 1230-1330.*

**Post Natal Fitness Group** – *Thursdays, May 5, 12, 19, 26 Family Center at Patch Fitness Center 1000-1200.*

**New Parent Support Group** – This group is for new mothers and babies to come together for education and support related to the issues surrounding postpartum and newborn care. *Wed., May 4, 18 ACS Room 312 1230-1330.*

**Breast feeding Basics** – *Expecting a baby?* Come learn everything you will need to know about breast feeding. *Thursday, May 19, 0900-1130.*

**Comfort Measures** – *Wednesday, May 25, 0900-1100.*

**Adoption Support Group** – *Are you looking to adopt overseas? Have you already adopted? Come and share your experiences with other community members. Located in Building 2949, Panzer Kaserne (Basement, Room 101) Thursday, May 19, 1830-1930.*

**Mommy & Daddy Basic Training** – *Friday May 6, 1200-1700.*

## RELOCATION READINESS PROGRAM

Daniel Adams: DSN 431-3436 CIV 07031-15-3436 – Room 017

## **German Culture and Conversation Class**

Language, civilization, geography, music, history, and much more. Our goal is to make Germany more fun for you and your Family. *Mondays May 2, 9, 16, 23, 30 1800-2000. Religious Education Center Bldg. 2332, Room 10, Patch Barracks*

**Sponsorship Training** – Designed for both official sponsors and anyone interested in better serving his or her unit and incoming personnel. *Mondays, May 2, 30 1400-1500*

**Stuttgart Newcomers Orientation "SNO"** – A two day, fun filled class covering culture, useful phrases, restaurant know-how, public transportation, and a tour of Stuttgart. *Tuesday/Thursday, May 17 & 19; May 31 & June 1. Call ACS for reservation. (Tuesday 0815-1600; Thursday 0845-1700.)*

**Lending Closet** – Lending Closet items are basic household kitchen and childcare items to help during the moving processes of arriving and departing. *Open Mon. - Fri. 0800-1700*

**English as a Second Language (ESL) - Basic Classes.** *Every Monday 0900-1100 Call to register, or just show up! Free ESL textbooks provided to students.*

## MOBILIZATION AND DEPLOYMENT / SOLDIER & FAMILY ASSISTANCE CENTER

DSN 431-3362, CIV 07031-15-3362

## **Pre-Deployment Information**

Are you an individual or small group scheduled to deploy for 90 days or more? Plan ahead and attend a pre-deployment briefing for ALL SERVICES, Civilians and spouses. Held every second Wednesday of the month. Learn about community resources and pick up a deployment packet. ACS Soldier Readiness Processing (SRP) available at the same time. *Every 2nd Wednesday of the month 0900-1100.*

**Family Readiness Leader Monthly Training for All Services** – Readiness Leadership invited: FRG Leaders, Unit Liaisons, Quality of Life staff, FRASs, Rear Detachment Commanders. Quarterly Discussion Forums are scheduled in conjunction with training. *Last Wednesday of every month, 0930-1130. Request childcare reservations two weeks prior.*



Panzer Kaserne, Building 2915  
Community Center, 2nd Floor  
Monday - Friday 0800-1700